SHAPE THE FUTURE/ 01

	READING	PHRASAL VERBS	GRAMMAR	VOCABULARY 1	LISTENING & REAL ENGLISH
Unit 1 Computers and technology page 5	Robots and us: A complicated relationship TIP: finding words in a text	blow up, come out, deal with, keep on, make out, turn into	present simple and present continuous; state verbs	computer words	An interview with a YouTuber Idioms: to make a living, to be rolling in it, to make it big
Unit 2 Risk takers page 19	SOS! Alone at sea TIP: using context to guess meaning	get through, give up, make up for, pick up, run out of, set out	past simple and past continuous; past perfect	injuries	Talking about extreme activities Idioms: to have nerves of steel, to be scared stiff, to have your heart in your mouth
Unit 3 Friendship and family page 33	A family without frontiers TIP: predicting content	bring up, grow up, put (sb) up, settle down, stick to, work out	present perfect simple; present perfect and time words; present perfect continuous	family and relationships	An interview with an expert Idioms: to take charge, to have the best of both worlds, to get a raw deal
Unit 4. Sports and teamwork page 47	Everyone's a winner? TIP: understanding paragraphs	clear up, end up, get over, let down, put (sb) off, take off	the future: will, going to, present continuous, present simple; future continuous; future perfect	sports	A conversation about individual vs. team sports Idioms: to get in shape, to give it your best shot, to train like crazy
Unit 5 Fashion page 61	The clothes effect TIP: skimming	come across, dress up, get on, hand out, pick out, put away	modals: ability; obligation; prohibition; recommendation / advice; possibility in the present and past	clothes and fashion	A description of how people dress Idioms: to be a slave to fashion, eye-catching, to make a fashion statement, to pull up your socks
Unit 6 Crime and justice page 75	Rule-breakers in history TIP: identifying key words in questions	fight back, go on, put (sth) off, set up, stand up for, take away	passive; passive modals; have something done	crime	A report on economic crime Idioms: an inside job, to line your own pockets, to crack down on, to get off scot-free
Unit 7 Our society page 89	Welcome to Europe TIP: scanning	get away, go back, put up with, shut down, take in, take up	conditionals: zero and first conditional; if, when, as soon as; second conditional; third conditional	social issues	A radio interview about volunteering Idioms: to give something back, to make ends meet, to make a real difference, to do your bit
Unit 8 The information age page 103	UK government's big secret: a weather machine! TIP: predicting content 2	carry out, come up with, find out, get back to, look into, turn out	reported speech: reported statements; reported questions; reported requests, orders, suggestions and offers	the media	Opinions about social media Idioms: to have got a point, to miss the point, to nail it, to (not) have a clue
Unit 9 Music page 117	What does music mean to you? TIP: understanding short texts	calm down, cheer up, have on, look up, switch off, turn up	relative clauses: defining relative clauses; non-defining relative clauses	music	A music review Idioms: to ring a bell, to (dance) your heart out, to sound like a broken record, to put on your dancing shoes

Vocabulary Extra

Writing Guide page 141

Pairwork page 150

Steps for teamwork

page 152

VOCABULARY 2	PRONUNCIATION	SPEAKING	WRITING	LIFE SKILLS & PROJECT	DOCUMENTARY
adjectives ending in -ed and -ing	t in negative auxiliaries; stress in word families	exchanging opinions • Social networks	a for and against essay	safety online Project: an infographic about ten tips for online safety	Social media addiction
adverbs of manner	weak forms: is / was / are / were; /3ː/	telling a story Dangerous situations	a story	being prepared Project: planning a weekend in the UK	Hazardous professions
prefixes	/ɪz/ and /z/	giving advice Places to visit	a biography	managing your emotions Project: a leaflet about managing your emotions	21st century families
adjective suffixes	stress in adjectives	inviting Sport	an opinion essay	cooperation and teamwork Project: a presentation on teamwork	• The jogging trend
compounds: compound nouns, compound adjectives	silent letters; stress in compounds	describing a picture Describing a photograph	an informal email	self-esteem Project: a poster about eight tips to promote a positive self-image	Fashion in the digital age
verb / adjective / noun + preposition	stress in verbs; joining prepositions	talking about a TV drama •• Favourite TV series	a review of a film	judging right from wrong Project: a discussion about a moral dilemma	The safest city in the world
do and make	linking	talking about social issues Agreeing and disagreeing	a formal email	responsible citizenship Project: a proposal to the council	● The gender pay gap
verb and noun collocations	stress patterns 1; stress patterns 2	talking about experiences Appearing in the media	a blog post	critical thinking Project: a critical analysis of a media message	Advertising
American English vs. British English	r after a vowel	talking about preferences • Fame	a description of a place	learning new skills Project: a ten-point plan to learn a new skill	Music to change the world

SHAPE THE FUTURE/ 02

	READING	PHRASAL VERBS	GRAMMAR	VOCABULARY 1	LISTENING & REAL ENGLISH
Unit 1 Travel and Transport page 5	Help: Advice needed! TIP: using context Exam focus: rewriting sentences in your own words	check in, check out, fill up, get around, run into, stay out	tense review: present and imperative; present perfect simple and continuous; past; used to, would; future	travel and transport	A podcast about the future of transport Idioms: to come thick and fast, to step up a gear, to hit speeds of, before you know it
Unit 2 The Environment page 19	The hidden cost of meat TIP: reading carefully Exam focus: true and false questions	cut down, get across, go for, heat up, put forward, weigh up	modal verbs: ability / possibility / permission; prohibition / obligation / advice / necessity; deductions about the past and present; modal perfects	the environment	An interview about the next global crisis Idioms: to skate on thin ice, to face the facts, to get the picture, to bear in mind
Unit 3 Health and Lifestyle page 33	Future food TIP: thinking about synonyms Exam focus: finding synonyms	cut back on, eat up, give up, keep up with, turn down, work on	conditionals review: zero, first, second and third; mixed conditionals; unless, as long as, provided / providing, in case, supposing, even if, otherwise; wish, if only	health	An interview about the appeal of the Mediterranean diet Idioms: to be someone's cup of tea, to bite off more than you can chew, to stuff yourself, to have food for thought
Unit 4 Stories and Literature page 47	What's your story? TIP: answering open questions Exam focus: answering open questions	give in, go on, make up, meet up, stand up, turn up,	reported speech: statements, questions, verb + -ing, verb + to + infinitive, verb + object + infinitive, verb + that; question tags; emphatic questions; embedded questions	stories and literature	A discussion about a literary extract Idioms: to put in one's two cents, to see eye to eye, to say one's piece, to be on the same wavelength
Hait E	A job for the future	call for, get at,	relative clauses; verbs	work and business	An internship interview
Work and Business page 61	TIP: looking for synonyms Exam focus: multiple-choice questions	log on, pick up, take on, take over	with prepositions	WOLK ALIG DUSINESS	Idioms: to have your nose in a book, to pass with flying colours, to think outside the box, to give it your all
Unit 6 Entertainment page 75	Immersed in horror! TIP: thinking about antonyms Exam focus: antonyms	break out, bring along, come down with, come on, go out, sign up for, tell off	passive forms; verbs with two objects; causative passive; impersonal passive	entertainment	Opinions of an unusual art performance Idioms: to be bored to tears, to have something on your mind, to be on tenterhooks, to bare your soul

Vocabulary Extra

Writing Guide

Steps for teamwork Language Reference Grammar Maps

page 120

page 90

page 96

page 102

page 104

VOCABULARY 2	PRONUNCIATION	SPEAKING	WRITING	LIFE SKILLS & PROJECT	DOCUMENTARY
ways of travelling: at the airport; directions; public transport	full and reduced vowels	complaining Worst holiday	an informal email	problem solving Project: an advice podcast	• How do millennials travel?
word roots	word stress; nouns and verbs	having a discussion Reducing your carbon footprint	an opinion essay	wise use of resources Project: a campaign video	Recycling to curb climate change
quantities and capacity	the letters ea; pronunciation of of	making suggestions • Healthy diet	a proposal	stress management Project: an infographic of tips for exam situations	• Food trends
time adverbs and expressions	-tion	telling an anecdote Coincidences	retelling a narrative	creative thinking Project: a creative group presentation	New stories, new formats
prefixes	/i:/, /ɪ/ and /e/	regretting and wishing Regrets	a letter of application	interview skills Project: a CV	Professions with a future
comparatives and superlatives; compound adjectives	than and as	inviting and responding to invitations Invitation to an event	a critical review	communication skills Project: an interview	The cultural identity of cities

Irregular Verbs Exam Tips Exam Practice Reading Exam Practice Listening Exam Practice Speaking

page 128 page 130

page 135

page 141

page 147